



LASER HAIR REMOVAL INFORMED CONSENT

I, _____, hereby authorize for the elective treatment of unwanted hair with laser therapy. I am aware that the laser used targets pigment in the hair follicles to treat unwanted pigmented hair for long-term hair reduction. Hair grows in cycles. The laser works during the anagen or “growing” phase of hair growth. Therefore, multiple treatments are needed at regular spaced intervals to treat all of the hair in the treatment area for significant reduction in hair growth. For maximum results, it is necessary to follow the recommended treatment schedule. Because the laser needs to fill the hair follicle to work effectively, it is important not to wax, tweeze, have electrolysis procedures, or artificially remove the hair for 2-4 weeks prior to the treatment.

I have read, agree to, and understand the following points:_____ {Initial}

- Laser therapy is not recommended if any of the following conditions exist: pregnancy, nursing, photosensitivity disorder, immunosuppressive disease, diabetes, bleeding disorder, seizure disorder triggered by light, active herpes, active shingles, or any active infection. I will notify my treating clinician if I have any of these conditions. Laser hair removal is not recommended for individuals who have used Accutane within the last six months or who used medications requiring limited exposure to sunlight.
- I understand that treatment is not recommended for tanned persons until the tan has faded and that sun exposure must be avoided in between treatments. I have not tanned, and will not after treatment. This includes sun exposure and tanning booths. Artificial tanning products must be discontinued two weeks prior to treatment.
- Test spots may be done to evaluate skin response prior to FULL treatment.
- Possible alternative procedures include electrolysis, waxing, shaving, plucking, or chemical epilation.
- Photographs of the treatment area may be taken for my cart and future comparison. Complete confidentiality will be maintained.

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- The probability of success: Multiple treatments are needed for weeks or months. Six treatments are typical, however, some patients may require additional treatments. Touch up treatment may be needed in the future. Results vary with the individual depending on skin color, hair color, and hair density. Recurrence of hair growth may occur at the treated site. I also understand that some people do not respond to treatments.
- Loss of pigmented lesions such as freckles/moles may occur.
- Pre/Post treatment instructions are available to me at anytime via the medical aesthetics website.
- Treatment cost has been discussed with me.
- It generally takes 10 to 21 days after the procedure for the treated hair to fall out. Treatment of dark coarse hair general achieves best results while removal of light fine hair generally requires additional treatments, which may or may not be successful.
- Protective eyewear will be provided. It is important to keep these goggles on at all times to protect the eye from accidental laser exposure.
- Clinical results vary depending on individual skin type, hormone levels, and hereditary influences. Future hormonal changes may cause additional hair growth.
- It is necessary that the practitioner is notified of any changes in medical history, medications, or if pregnancy should occur.

I am aware of the following possible risks/complications with laser treatments.

Discomfort: Some pain and discomfort may be experienced during laser treatments. You may feel a slight burning, stinging, or pinching sensation during the procedure.

Blistering/Redness/Bruising/Swelling: Short-term effects may include reddening; swelling, and mild burning which typically lasts 1-3 days. Bruising, blistering, crusting, or flaking may occur and require 1-3 weeks to heal.

Infection: Although rare, remains a risk as with any skin procedure.

Pigment Changes: Hyperpigmentation (darkening) and Hypopigmentation (lightening) of the skin may be noted after the treatment. These conditions usually resolve within 3-6 months, however, permanent color change is a risk. It is essential to avoid sun exposure and artificial tanning prior to and during treatment.

Scarring: However slight, there is a risk of scarring and skin textural changes. Compliance with post treatment instructions is essential in avoiding scarring.

Client Signature and Date

Practitioner Signature and Date

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